

Appendix C  
Part 1: Firearm Safety Handout

FIREARM INJURY AND MORTALITY PREVENTION





# FIREARM SAFETY



**Firearm Facts**

- 1 in 3 U.S. households has a firearm, including 21% of households in New York.
- There are many reasons families choose to have firearms.
- There are 48,000 firearm related deaths in the U.S. per year.
- Firearm injury is the leading cause of death among children and adolescents ages 1-19.
- More than half of firearm deaths are suicides.
- There are steps we can take to make firearms safer for ourselves, our families, and our community.
- There are **5 L's of Firearm Safety** and resources available to help you achieve **YOUR** safety goals.



5 L's	Available Resources Based on YOUR Safety Goals
<b>Locked</b>	<ul style="list-style-type: none"> <li>✓ Cable Lock provided by Emergency Department – <b>Video Instructions</b> (Scan QR)</li> <li>✓ Lockbox or Safe – can be purchased from gun stores, sporting goods stores, Walmart, Home Depot</li> </ul> 
<b>Loaded</b>	<ul style="list-style-type: none"> <li>✓ Store Firearms Unloaded</li> <li>✓ Store Ammunition separately and locked</li> <li>✓ Gun Buyback Programs – Ask your local police precinct</li> <li>✓ Ammunition Disposal options – gun stores, shooting ranges, hazardous/special materials disposal events, local precinct</li> </ul>
<b>Little children feeling Low</b>	<ul style="list-style-type: none"> <li>✓ Store All Firearms Locked and Unloaded</li> <li>✓ Behavioral Health Resources – Northwell Health &amp; Community Providers</li> </ul>   <ul style="list-style-type: none"> <li>✓ Ask the healthcare team about resources for you &amp; your family</li> </ul>
<b>Learned operator</b>	<ul style="list-style-type: none"> <li>✓ <b>Firearm Safety Classes – Virtual</b></li> <li>✓ <b>Firearm Safety Classes – In Person</b></li> <li>✓ <b>Queens:</b> Woodhaven Rifle and Pistol Range (718) 296-8888 Seneca Sporting Range (646) 791-7163</li> <li>✓ <b>Nassau:</b> Phase 3 Training (855) 800-4867 She Trains You (516) 749-8650 Renaissance Firearms Instruction (516) 449-0839</li> <li>✓ <b>Suffolk:</b> Phase 3 Training (855) 800-4867 Dark Storm (800) 963-7700</li> <li>✓ <b>Staten Island:</b> Richmond Boro Gun Club (718) 966-4306 4Bridges Tactical Group (347) 739-3747</li> <li>✓ <b>Westchester:</b> Pioneer Shooting Center (914) 667-8236 Westchester Firearms Safety (914) 401-0440</li> <li>✓ <b>New Jersey:</b> New Jersey Firearms Academy (201) 386-9451 The Heritage Guild (732) 382-4066 RTSP (973) 434-7600</li> </ul> 

The healthcare team is here to support you in achieving YOUR firearm safety goals.

Northwell Health Center for Gun Violence Prevention  
<https://www.northwell.edu/center-for-gun-violence-prevention>

## Appendix C

## Part 2: Avoiding Violence Handout

## FIREARM INJURY AND MORTALITY PREVENTION

## AVOIDING VIOLENCE



## Tips to Stay Safe and Avoid Fights\*

Tips to Stay Safe and Avoid Fights*	
<b>Just Chill</b>	Relax, count to 10, and take a moment to think about things.
<b>Never Carry</b>	Don't carry a weapon. If things are getting serious, get help or ask for advice.
<b>You Control You</b>	You're in control of your own actions. Be your own person; don't let others tell you what to do
<b>Think First</b>	Before you act, think about what could happen! Ask yourself, is this worth the consequences?
<b>It's Not That Serious</b>	Is it worth getting in trouble, getting hurt, getting killed?
<b>See Things From His Or Her Point Of View</b>	Think about what the other person is going through. If they have good reason to feel upset, talk to them about the situation. Don't be afraid to apologize if you've done something wrong.
<b>Keep Walking</b>	Sometimes the best thing to do is just walk away. Find something else to do. It may help to get your mind off the situation.
<b>Don't Be An Instigator</b>	If you encourage your friends to fight, you're just adding to the violence. How about telling your friend to let it go or suggesting you go hangout somewhere else.
<b>Work It Out Without Fighting</b>	There are ways to solve problems with another person without fighting. Stay calm and try to talk it through.
<b>Break The Cycle Of Violence</b>	How will your friends and family feel if you get hurt? Be the one to end the violence. Tell your friends and family not to get even.

## Resources

## Suicide Prevention





- ✓ National Suicide Prevention Hotline:  
Call (800) 273-8255 or text Got5 to 741741
- ✓ Talk to your healthcare team about more resources and ways we can help you

## Domestic Violence

- ✓ NYS Domestic and Sexual Violence Hotline  
Call (800) 942-6906 or Text (844) 997-2121
- ✓ National Domestic Violence Hotline: (800) 799-7233
- ✓ The National Teen Dating Abuse Helpline:  
Call (866) 331-9474 or text "loveis" to 22522
- ✓ U.S. National Sexual Assault Hotline: (800) 656-4673
- ✓ Talk to your healthcare team about more resources and ways we can help you

## Resource Information

- ✓ NYS Hope Line:  
Call (877) 846-7369 or Text HOPENY (467369)
- ✓ NYC Well:  
Call (888) NYC-WELL or Text "WELL" to 65173

	Behavioral Health	Substance Use
<b>Northwell Health</b>		
<b>Community Providers</b>		



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\* The Regents of The University of Michigan. Community Resources - Template. SafERteens. <https://www.saferteens.org/resources/community-resources-template/>. Published 2018. Accessed January 14, 2022.

## FIREARM INJURY AND MORTALITY PREVENTION

**AVOIDING VIOLENCE**

**Violence Prevention Programs:** Community violence intervention (CVI) programs\*\* work to build partnerships between individuals and community resources to prevent and disrupt cycles of violence and retaliation. CVI programs work to provide opportunities, address trauma, improve physical, social, and economic conditions, and save lives. CVI programs rely on trusted messengers, who are experienced with responding to trauma and working in high-risk communities. This approach works to address social, demographic, economic, and other factors to bring supportive resources to people and neighborhoods who would benefit.

County	Program	Details	Contact
Queens	LIFECamp, Inc.	Conflict mediation, peer counseling	(646) 258-0936 <a href="mailto:info@peaceisalifestyle.com">info@peaceisalifestyle.com</a>
	King of Kings	You, workshops, gang awareness and prevention, drug prevention	(718) 712-7684
	Rock Safe Streets	Target audience: ages 16-25 from Far Rockaway and Arverne at high risk; Provides prevention, treatment for trauma, advocacy, education	(646) 394-9551
Staten Island	YouthBuild IMPACT	Target audience: ages 17-24 Leadership Development, case management, mentoring, career counseling, mental wellness, life skills coaching, stipends available	(718) 273-8414 ext. 8
	True 2 Life	Violence Interrupters; Legal Aid, Mental Health, Conflict Resolution, Support Groups, Job Training, Financial Empowerment	(718) 273-8411
NYC (all 5 boroughs)	NYPD Youth Programs		(646) 610-5323 <a href="mailto:communityaffairs@nypd.org">communityaffairs@nypd.org</a>
	Big Brothers Big Sisters of NYC	Youth Mentorship	(212) 686-2042 <a href="http://www.bigsnyc.org">http://www.bigsnyc.org</a>
Nassau	SNUG Violence Prevention	Ages 14-25; conflict mediation and crisis intervention, community outreach, educational/employment assessment, case management	(516) 486-7690 ext. 1 <a href="mailto:info@FCALL.org">info@FCALL.org</a>
	S.T.R.O.N.G. Youth	Youth empowerment programs and activities	(516) 483-1350 <a href="mailto:info@strongyouth.com">info@strongyouth.com</a>
	Big Brothers Big Sisters of Long Island	Youth Mentorship	(516) 731-7880 ext. 218 <a href="https://bbbsli.org">https://bbbsli.org</a>
Suffolk	SNUG Violence Prevention	Conflict resolution skills, case management	(631) 289-2124
	Big Brothers Big Sisters of Long Island	Youth Mentorship	(516) 731-7880 ext. 218 <a href="https://bbbsli.org">https://bbbsli.org</a>

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\*\* Bureau of Justice Assistance, U.S. Department of Justice. Community Based Violence Intervention and Prevention Initiative. Published April 19, 2019. Accessed October 18, 2022. <https://bja.ojp.gov/program/community-violence-intervention/overview>