

Supplementary File 3. Active Lives Survey responses to twice-monthly sport or physical activity participation, applied to Office for National Statistics mid-year population estimates of adults (16 years+), in England and Wales to produce a 6-year estimate of population at risk of severe sport-related injury overall, by Broad Activity.

	November 2016-17 (ALS 2)	November 2017-18 (ALS 3)	ONS MYE- weighted ALS Y2 & 3	Annual population estimates						6-year total population at risk
	Rate (%)	Rate (%)	Rate (%)	2012	2013	2014	2015	2016	2017	
ONS England and Wales 16+ population				45,881,018	46,183,826	46,550,257	46,925,010	47,295,038	47,547,364	
All adults physically active twice monthly (aged 16+)	77.2%	77.5%	77.3%	35477863	35712012	35995357	36285138	36571265	36766378	216808013
Broad Activities										
Walking	58.2%	59.8%	59.1%	27093032	27271842	27488222	27709516	27928020	28077020	165567654
Cycling	17.3%	16.6%	17.08%	7790201	7841615	7903832	7967462	8030289	8073132	47606531
Creative or artistic dance	2.1%	2.0%	2.1%	938474	944668	952163	959828	967397	972558	5735089
Fitness activities	29.5%	29.9%	29.7%	13627523	13717462	13826299	13937608	14047513	14122459	83278863
Sporting activities	34.7%	34.7%	34.7%	15932206	16037356	16164599	16294732	16423225	16510845	97362963