Supplementary Table 2. Simple logistic regression on the association between Health Action Process Approach Likert questions and self-reported adherence to the *Knee Control+* programme as dependent variable

Health Action Process Approach construct in bold. The respective questions are presented in italics.	Odds ratio (95% CI) for having high adherence	p-value
Injury risk perceptions	1.057 (0.733-1.525)	0.767
What do you think about the overall injury risk in football? (low–high)	0.916 (0.648-1.294)	0.619
What do you think about the injury risk in the team that you coach? (low–high)	1.176 (0.850-1.627)	0.328
Outcome expectancies	1.411 (0.895-2.225)	0.139
I believe many injuries can be prevented in football (do not agree–agree)	1.099 (0.761-1.589)	0.615
I believe specific training can prevent injuries in football (do not agree–agree)	**1.641 (1.039-2.592)**	**0.034**
Action self-efficacy	1.218 (0.871-1.703)	0.248
My knowledge about preventing injuries in football is… (inadequate–adequate)	1.248 (0.893-1.745)	0.195
My practical ability to use Knee Control+ with my team is… (inadequate–adequate)	1.125 (0.855-1.480)	0.402
Action planning		
I have concrete plans for how to instruct the players when using Knee Control+ (do not agree–agree)	**1.332 (1.007-1.762)**	**0.045**
Maintenance self-efficacy		
I believe I will be able to continue using Knee Control+ in my team next season… (do not agree–agree)	1.340 (0.933-1.925)	0.113
Coping planning		
I have plans for how to work around barriers for continued Knee Control+ use… (do not agree–-agree)	**1.435 (1.136-1.812)**	**0.002**
Recovery self-efficacy		
If my team stops using Knee Control+, I am certain that we can start using it again… (do not agree–agree)	1.353 (0.930-1.968)	0.114

All questions are rated on a 1–7 Likert scale from 1 = low/do not agree/inadequate to 7 = high/agree/adequate. Adherence was based on coach self-reported weekly use of *Knee Control+* and dichotomised into "high adherence" (= having used *Knee Control+* ≥ 2 times/week) and "low adherence" (= having used *Knee Control+* < 2 times/week). The analysis is based on responses from the 101 coaches who used *Knee Control+* and responded to questions from both phases of the Health Action Process Approach model. Significant results ($p<0.05$) are depicted in bold.