Background Unintentional Injuries comprise the fifth leading cause of death in Nepal in 2017, an increase of 23% compared to 1990. In Nepal, there is minimal community-derived evidence of home or occupational injuries. Our aim was to describe the epidemiology of injuries in the Makwanpur district, including the causes and risk factors associated with those injuries.

Methods A cross-sectional, household survey was undertaken in three administrative areas of Nepal between April-June, 2019. Data were collected electronically about non-fatal and fatal injuries in the previous three months and five years, respectively.

Results 17,593 individuals from 3,327 households were surveyed; 394 people were injured. 136/394 (34.5%) injuries occurred in homes, 109 (27.7%) were work-related. 225 (55.8%) were males, the age range was 0–87 years, 123 (30.7%) were child injuries, (0–17 yrs). The most commonly reported injury was falls (n=173, 43.9%), stumbling and tripping were the most common reasons and 73 (42.2%) occurred at home. More injuries occurred in rural administrative areas than urban areas, especially occupational injuries (occupational: chi-square=22.05, p=0.000; home: chi-square=13.89, p<0.001).

Conclusions Home and occupational fall injuries are common, especially in rural areas. Understanding the context of falls, especially identifying and working with particular occupational groups where they are prevalent, may identify risk factors and help target messages about primary falls prevention and interventions.

Learning Outcomes Using hand-held computers and local enumerators for data collection in sample areas resulted in minimal missing data and monitoring of data quality during the collection period.

3F.006 TRUCK DRIVERS’ PERCEPTION OF ROAD DANGER IN NEPAL: A QUALITATIVE STUDY

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10.1136/injuryprev-2021-safety.88

Background Nepal is fast expanding its road network, and over 90% of goods are transported by road. Large numbers of truck drivers are therefore exposed to the risk of crashes. We explored the perceptions and experiences of truck drivers and representatives from their professional association regarding road dangers. Understanding crash risk in commercial drivers can contribute to achieving Sustainable Development Goal 3.6.

Methods We conducted semi-structured interviews with 15 truck drivers and a focus group with 9 members of their professional association. The focus group and interviews were audio-recorded, transcribed, translated, and analyzed using thematic analysis.

Results Six themes were identified: unsafe road environment; bad attitude of the road users on road; risky road user behavior; inadequate road safety knowledge among road users; poor accountability of government agencies; and poor safety culture in the trucking industry. The following factors were perceived as contributing to road danger by truck drivers: strong desire of both drivers and passengers to arrive quickly at destinations; haphazard road crossing; vehicle overloading; poorly maintained roads and vehicles; and trip-based payments.

Conclusion Changes at individual, societal, organizational, and governmental levels are needed to improve road safety in Nepal. Key areas for action are education, improved infrastructure, and accountability.

Learning Outcomes The truck drivers were able to identify factors contributing to both general as well as industry-related road safety issues in Nepal. These findings can be shared with their professional association in order to advocate for structural reforms and increased awareness of road safety within the industry.

3F.007 BISENSORY OCCUPATIONAL OVERLOAD AS A RESULT OF EXPRESSIVE DYSPHASIA SYNDROME

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10.1136/injuryprev-2021-safety.89

Background We describe a newly identified manifestation of expressive dysphasia (impairment of language production resulting in an inability to meaningfully communicate). Bi-sensory Occupational Overload as a Result of Expressive Dysphasia. This occupational disease is transmitted orally and is highly contagious in large social gatherings.

Methods Action research into the effects, transmission and severity of Bi-sensory Occupational Overload as a Result of Expressive Dysphasia was conducted biennially over a 3-day period in November for over 30 years.

Results We estimate that over 30 million Bi-sensory Occupational Overload as a Result of Expressive Dysphasia (BOORED) exposures occur every day (15 million person hours) resulting in a daily loss of $252 million in productivity. The syndrome initially manifests as prosis, lethargy, increasing somnolence, stertorous breathing and drooling. When severe and prolonged those affected may become comatose. It is exacerbated by the intensity of the expressive dysphasia, the number of sensory modalities affected, reduced modulation of auditory stimulus, reduced size combined with increased intensity of visual stimulation, reduced ambient light, increased ambient temperature, duration of exposure, repeated exposure and postprandial depression, of these, expressive dysphasia resulting in increasing loss of meaningful content combined with excessive hot air are the most important causative factors.

Conclusion Bi-sensory Overstimulation Resulting from Expressive Dysphasia syndrome is highly contagious. Large social gatherings that augment exposure to the syndrome are a significant occupational hazard especially for professionals working in the business, government, health and tertiary sectors. Strategies to reduce exposure are well documented and will be discussed using Haddon’s 10 countermeasures.

3F.008 IS THE DESIGN OF YOUR LABORATORY A WHS HAZARD?

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10.1136/injuryprev-2021-safety.90

While laboratories are complex workspaces, the question is whether or not the design, fixtures and fittings are exposing
laboratory workers to hidden and unnecessary hazards. Even having the prospect of working in a new purpose-built facility does not mean that the laboratory worker is not at risk from the hidden hazards which form part of the architects/designer need to design an aesthetically pleasing workspace.

Perhaps we could forgive the repurposed laboratory, given limitations in budget, and infrastructure, but there are no excuses when it comes to the design and development of new facilities. Whether it is a new ‘super laboratory’ or a small QA/Formulation laboratory, it is important that designers/architects understand some of the basics concepts which are essential for developing a safe workplace. This includes understanding the role that AS/NZS 2243 Safety in Laboratories and AS/NZS 2982 Laboratory design and construction have in designing laboratory and auxiliary workspaces (Store rooms, preparation rooms).

E-Posters P2 – Intentional, Trauma, Violence, Suicide, Poisoning & Alcohol, March 23, 2021

**P2.001**  
ALCOHOL’S EXCESSIVE EPISODIC CONSUMPTION IN TEENAGERS FROM EL CARMEN, JUJUY, ARGENTINA, 2018  
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The youth population of Jujuy has adopted a pattern of consumption with large amounts of alcohol in short periods of time, called excessive episodic consumption of alcohol or ‘binge drinking’, which is intake of large amounts of alcohol (more than 5 UNEs = 60 Gr/cc pure alcohol) in a short period of time (hours). This produces significant behavior and consciousness state alterations and causes negative social-sanitary effects.

**Design** Quantitative, transversal descriptive research. Applying structured, self-administered, anonymous and voluntary questionnaire.

**Population and sample** Intentional sampling of students in the first and last high school’s years of educational centers in El Carmen.

**Results** Excessive episodic consumption was more prevalent among older students (28.0% vs. 9.2%); among those who worked (26.0% vs. 15.8); who had friends who drank alcohol (29.1% vs. 5.8%); that were concerned about their consumption (48.3% vs. 15.8%); who said they had sufficient information on alcohol use (21.0% vs. 12.6%) or on alcohol abuse (21.9% vs. 11.6%); who regularly attended bars or pubs (36.6 vs. 12.9%); and among those who spent a lot of time with their partner (22.8% vs. 13.4%). Excessive episodic consumption was lower among those who spent a lot of time watching television (15.2% vs. 25.6%); with their family (14.8% vs. 23.7%); who spent time in the church (14.1% vs. 20.7%); or in some shops where playing video games (12.9% vs. 19.0%).

**Conclusion** Excessive alcohol consumption is enhanced by having friends who drink and attending night bars.

**Reflections** Strategies for risk reduction in consumption contexts are necessary.

**P2.002**  
TODDLER INTERACTION WITH LIQUID LAUNDRY DETERGENT CAPSULES: INFLUENCE OF CAPSULE SIZE

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**Background** Liquid laundry capsules have been involved in child poisoning incidents, allegedly due to product appearances. This research explored potential influence of capsule size on toddler interaction.

**Methods** We compared two capsule designs identical in appearance but different in size through three studies: (a) forced-choice test in laboratory setting; (b) simulated real-world setting of laundry cabinet with open container of capsules; and (c) simulated real-world cabinet with capsule outside its container. Capsule interaction was measured by grasping choice among samples of 156 toddlers ages 9–36 months in each study.

**Results** Study 1: Toddlers selected the small (49.8% selection) and large (50.2%) capsule with nearly identical frequency. Study 2: Toddlers grasped the small (26.8%) and large (22.3%) capsule or container of capsules with similar frequency. Study 3: Toddlers grasped the small (18.0%) and large (19.2%) capsules with similar frequency. No consistent gender or age differences existed. Study 1 found toddlers selected capsules closest to their dominant hand more frequently, no matter their size.

**Conclusion** Findings consistently failed to demonstrate statistical differences in toddler interaction with different-sized capsules. We conclude the difference in size (small vs large capsules) is not expected to impact toddler interaction rates in the home.

**Learning Outcomes** Extending previous research concerning laundry capsule colours, size also seems unlikely to impact child poisoning risk. The work offers valuable evidence for action to reduce child poisoning incidents, supporting current strategies to reduce risk through theory-driven caregiver education and use of packaging with barriers to prevent young children’s access to capsules.

**P2.003**  
CHARACTERISTICS OF INTERNET-BASED MEDIA REPORTS ABOUT INFLUENTIAL VIOLENCE AGAINST DOCTORS IN CHINA

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**Background** Media reports may influence criminal behavior that leads to violence against doctors. Little is known about the characteristics of media reports on patient violence against their doctors.

Reflections Strategies for risk reduction in consumption contexts are necessary.