

**0063 RESPONDING TO YOUNG PEOPLE WHO SELF HARM**

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10.1136/ip.2010.029215.63

Deliberate Self Harm in Children and Young People may promote anxiety in families and professionals. My presentation describes how the confidence and competence of a Team can reduce such anxiety and improve outcome for those Young People who choose self-harming behaviour as a way of coping with life stressors. I will share information about:

- ▶ local prevalence rates of Young People who attend Accident and Emergency Department
- ▶ how to develop a focussed team response
- ▶ assessing and managing risk-an Aide Memoir for practitioners
- ▶ the strength of robust Clinical Supervision and Audit