Economic burden of injuries in South Korea

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ABSTRACT

Background Studies on the cost of injury are useful in setting research and policy priorities and it is valuable to observe differences in the economic burden of injuries across countries.

Objective To estimate the treated prevalence rate, economic burden and gender- and age-specific costs of injuries in Korea in 2006.

Design Annual direct healthcare costs associated with injuries were estimated from the National Health Insurance, Medical Aid and Automobile Insurance databases. Annual direct non-health costs were estimated for transport and caregiver's costs. Indirect costs were estimated for premature death, absence from work and disability. Costs were adjusted to 2006 levels using the healthcare component of the Consumer Price Index.

Main outcome measures Prevalence-based direct costs, incidence-based indirect costs and total costs for injuries, stratified by gender, age group and type of injury.

Results The treated prevalence rate of injury in 2006 of the Korean population was 26.5 per 100, resulting in an annual economic burden of \$39 837 million (\$4703 million in direct and \$35 134 million in indirect costs). The cost of medical treatment associated with injuries accounted for 9.5% of the total health expenditure in Korea. The cost of premature death was the largest contributor to the total and automobile-related injuries accounted for 30.3% of total costs.

Conclusions The estimates were considerably understated because they did not include losses in household production and quality of life. Nevertheless, the size and main components of the injury burden were identified; this information should aid decision-making about research priorities and improve monitoring of the effects of policy initiatives.

INTRODUCTION

Injuries are costly to many nations.¹ The largest component of the overall cost of injuries to society is that associated with productivity losses, due to premature death and long-term disability.^{2–4} The adequate distribution of medical resources and the establishment of proper healthcare policies are key to the effective management of this problem.⁵ Thus, it is important to measure the economic burden of injury from a societal perspective, using cost-of-illness (COI) studies. Such studies must estimate the resources used in disease prevention, detection and treatment, the opportunity costs of relatives providing care for patients and the foregone economic productivity associated with the inability to work, due to disability or premature death.⁵

Injury has been recognised as a major cause of death in Korea. It is the third leading cause of death

in all age groups and the leading cause of death for those aged 1–39 years.^{6–7} Additionally, injury is a major disease burden, greater than that attributed to cancer and cardiovascular diseases.⁸ Although injury is the main cause of morbidity and mortality in Korea, no reported systematic COI study has assessed its economic burden.

The objectives of this study were to estimate the treated prevalence rate and costs of injuries that occurred in Korea in 2006 and to determine the direct and indirect costs associated with injury. Comprehensive cost estimates subdivided by multiple strata (age, gender, type of injury) show where costs might be saved or where interventions are most needed.⁹ Our methods will serve as a template for other countries planning a similar burden analysis and help policy makers to set priorities in injury prevention and trauma care.

METHODS

Study design and data sources

Prevalence-based costs are most useful for health planning and resource allocation. Incidence-based costs, however, are appropriate for analysing the savings from prevention. In this study, a prevalence approach was used for healthcare costs and an incidence approach was used for indirect costs. All resource utilisation estimates were obtained for 2006 (data are expressed in US dollars (US\$): average exchange rate, 1 US\$=948 Korean won; Korean Exchange Bank 2006). When costs were unavailable for 2006, the health component of the Korean Consumer Price Index was used to adjust costs to 2006 values.

Health insurance and automobile insurance (AI) are relevant to the cost of injuries in South Korea. The treated prevalence rate and cost of injuries in 2006 were estimated based on information from the administrative reimbursement claims databases of the National Health Insurance programme (NHI), the National Medical Care Aid programme (AID) and the AI programme. The Korean Medical Security system consists of the NHI and the AID. Most Koreans are beneficiaries of the NHI programme; people at the lowest income level are provided with free medical aid. Information on the medical care services associated with car-related injury treatment was provided by the AI. We were able to analyse almost every case of injury treated in Korea, except for patients receiving industrial injury compensation. In this study, the treated prevalence rate of injury was defined as the treatment episode rate for new or existing injuries of the Korean population in 2006. Information on the 2006 general population was obtained from the Korean National Statistical Office.¹⁰

We defined injuries using the International Classification of Disease, 10th version (ICD-10)

diagnosis category S00-T98. Korean data do not include external causes of morbidity (V00-Y99).

Estimations of the COI vary between countries owing to different healthcare systems. In this analysis we included direct healthcare costs, direct non-healthcare costs and indirect costs associated with productivity losses.⁵ Total costs in each category were estimated by calculating the sum of the age- and gender-specific costs. The online supplementary appendix 1 shows the cost-estimation equations.

Direct healthcare costs

Information on healthcare use due to injuries in Korea included total numbers of outpatient visits and hospitalisation, the medical cost of total visits and total admissions in 2006.^{11–13} Direct healthcare costs estimated from the NHI and AID omitted self-payments due to health insurance exclusions. To include these, data from a nationally representative survey of NHI patients¹⁴ were used to inflate cost estimates by the proportion of private healthcare spending, which accounted for 40% and 18.8% of inpatient and outpatient care costs, respectively. In this study, care by traditional healers and other folk-medicine providers was excluded because of a lack of data. Type of injury was defined as automobile-related injuries and other injuries.

Direct non-healthcare costs

We defined direct non-healthcare costs as costs related to patient management, excluding medical care costs. Direct non-healthcare costs related to injuries included patient travel costs and caregiver costs.

Patient travel costs were assessed as the sum of outpatient visits and admissions. Transport costs for outpatient visits were estimated by multiplying the total number of visits to outpatient clinics by the average two-way transportation cost. Costs for admissions were calculated by multiplying the total number of hospitalisations and discharges by the average two-way transportation cost.¹⁵

Caregiver costs for inpatients were calculated by multiplying the total number of inpatient days needed to treat the injury by the mean daily wages for a professional caregiver's service.¹⁶ In Korea, most inpatients were receiving care from a full-time professional caregiver or a family member during their inpatient days. For this study, we assumed that all inpatients were receiving services from a professional caregiver.

Indirect costs: productivity losses

Productivity costs were estimated as earnings lost as a result of injury-related mortality, morbidity and disability. Indirect annual costs resulting from premature death, absence from work and disability were estimated following the human capital approach, which assumes that the monetary value of lost productivity equals the wage rate.¹⁷

The present value of lost earnings due to premature mortality was calculated from data on deaths attributable to injury and data on annual earnings in 2006. Data for these calculations were obtained from the National Mortality Statistics¹⁰ and the Ministry of Labor,¹⁸ respectively. To account for different earning patterns for men and women and at different age ranges, gender- and 5-year age-specific average yearly wage rates were used to estimate future earnings. The number of years of potential life lost, defined as life expectancy at the age of death, was obtained from the gender- and 5-year age-specific Korean life tables of 2006.

According to the human capital approach, only people with injury who died when aged <65 years of age were included in

this analysis because Korean people generally retire from work after 65 and do not earn a wage. This approach was intentionally adopted to ensure that the study results were conservative.

Because productivity losses are spread across present and future years, they were adjusted to 2006 values using a 3% discount rate. Additionally, to reflect economic growth in future earnings, the average annual economic growth rate of labour productivity between 2002 and 2006 in Korea was used.

The cost of absence from work was calculated by multiplying average daily and hourly wage rates¹⁸ by the duration of the absence from work, defined as days hospitalised and hours spent attending outpatient visits¹⁹ due to injury-related morbidity.

To calculate productivity loss due to permanent or long-term disability, we multiplied the present value of age- and gender-specific lifetime earnings losses by the probability of labour force reduction resulting from permanent disability for each type of injury. The probability of labour force reduction resulting from permanent disability was estimated by multiplying the rate of labour force separation due to disability by the probability of disability resulting from injury.^{13 20–22} Our estimates of the percentage of lifetime productivity potential lost due to automobile-related and other injuries were 0.28% and 0.62% per injury, respectively. Application of these estimates to our analysis assumes that these probabilities are the same for injuries that do and do not occur on-the-job and that they do not change significantly over time. We multiplied the productivity loss due to permanent or long-term disability by the number of inpatients for each type of injury.

Sensitivity analysis

To assess the robustness of cost estimates made during this analysis, sensitivity analyses were conducted. First, we evaluated the sensitivity of total injury cost estimates with respect to alternative discount rates (5% and 7%) of expected future earning. Second, we investigated the effect of the productivity costs associated with work loss after hospitalisation until return to work using work-loss days. To apply a monetary value to work loss, we multiplied the average daily wage by the American average of 11.1 work-loss days for each hospitalisation, as reported by Finkelstein *et al.*²³

RESULTS

Treated prevalence rate of injury in Korea

Excluding occupational injury, the treated prevalence rate of injury in the Korean population in 2006 was 26.5 per 100 (table 1). The number of cases with treated injuries was 12 952 941 (7 080 011 in men, 5 872 930 in women). Of these, 11 868 642 cases (6 398 072 in men, 5 470 570 in women) were enrolled with the NHI and AID and 1 084 299 cases (681 939 in men, 402 360 in women) were treated for traffic-related injuries and were enrolled with the AI. The number of injury-related deaths in 2006 was 29 495 (19 979 men, 9516 women).

Table 1 also shows the treated prevalence rates of injuries, according to gender and age group. Overall, the rate was 20% higher among men than women. The rate in men younger than 40 years of age was 30% higher than in women of the same age group and 68% higher when aged 10–19 years. In contrast, the rate in women older than 50 was higher than in men. The trends by gender and age group were different for automobile-related injuries. The treated prevalence rate in men was 60% higher than in women and the rate was highest among 30–49-year-olds for both genders.

Table 1 Gender- and age-specific treated prevalence rate (per 100) of injury by insurance type in Korea, 2006

	NHI + AID		AI		Total	
	Cases	Rate	Cases	Rate	Cases	Rate
Men	6 398 072	26.1	681 939	2.8	7 080 011	28.9
0–9	852 338	29.3	24 209	0.8	876 547	30.2
10–19	1 147 832	32.3	38 084	1.1	1 185 916	33.3
20–29	894 688	23.0	134 154	3.5	1 028 842	26.5
30–39	1 050 335	23.5	177 177	4.0	1 227 512	27.5
40–49	1 067 108	24.9	161 866	3.8	1 228 974	28.6
50–59	684 277	25.3	96 348	3.6	780 625	28.9
60–69	450 810	26.2	38 199	2.2	489 009	28.5
70–79	203 448	26.4	10 165	1.3	213 613	27.7
80+	47 236	23.4	1737	0.9	48 973	24.3
Women	5 470 570	22.4	402 360	1.7	5 872 930	24.1
0–9	583 382	21.9	18 111	0.7	601 493	22.6
10–19	603 896	19.1	23 916	0.8	627 812	19.8
20–29	644 636	17.5	81 066	2.2	725 702	19.8
30–39	828 992	19.2	96 323	2.2	925 315	21.4
40–49	1 004 503	24.4	95 981	2.3	1 100 484	26.7
50–59	757 591	28.0	52 149	1.9	809 740	29.9
60–69	570 053	28.7	22 764	1.1	592 817	29.9
70–79	356 225	28.5	9771	0.8	365 996	29.3
80+	121 292	24.7	2279	0.5	123 571	25.2
Total	11 868 642	24.3	1 084 299	2.2	12 952 941	26.5

Sources: National Health Insurance Statistical Yearbook,¹¹ Medical Aid Statistical Yearbook,¹² Analysis of motor-vehicle related injury (FY2006) from the statistical information system of Automobile Insurance.¹³

AI, Automobile Insurance; AID, National Medical Care Aid; Cases, treatment episodes for prevalent injuries; NHI, National Health Insurance.

Cost of injuries

Excluding occupational injury, the national economic burden of injury in 2006 was approximately \$39 837 million: \$4703 million (11.8%) for medical treatment and \$35 134 million (88.2%) for lost productivity. Of the total cost of injuries, 61.2% of the total costs was due to premature death, 21.8% due to disability, 7.6% due to direct healthcare costs, 5.2% due to absence from work, 3.2% due to caregiver's costs and 1.4% due to patient travel costs. Economic burden due to automobile-related injuries accounted for 30.3% of the overall cost (table 2).

Gender and age differences in injury costs

The overall cost of injuries for men was \$32 566 million; this was more than 4.5 times greater than for women (\$7271 million; figure 1). Men represent 81.7% of the national economic burden of injury in Korea: 56.8% of the direct costs and 85.1% of the indirect costs. Indirect costs were the largest contributor to total

injury costs for both genders. For men, premature death represented 64.2% of the overall cost of injuries, disability represented 22.8% and direct healthcare costs represented 5.3%. For women, premature death represented 47.4% of the overall cost of injuries, direct healthcare costs represented 17.9% and disability represented 17.4%.

Figure 2 shows that the distribution of the overall cost of injuries differed by age group. The proportion of direct costs increased with age, while the proportion of indirect costs decreased. For people aged 20–29, indirect costs represented 94.0% of the total cost of injuries; this decreased to 30.0% in people older than 60.

Healthcare use and costs for each episode

Table 3 shows gender- and age-specific annual healthcare use attributed to inpatient and outpatient care due to injuries and episode-level costs for treatment cases by type of insurance. The annual length of stay for episodes treated with injuries was 20 175 626 days and the annual number of visits due to injuries was 46 814 492. Medical care costs per episode for auto-related injuries (\$3325) were 3.3 times the costs for other non-occupational injuries (\$1000). Medical costs for each auto injury episode were much higher for children than for adults. For other injuries, the highest costs for each episode were found in elderly people and men aged 20–49.

Sensitivity analysis

Our estimates of the total costs associated with injuries were sensitive to change in assumptions about the discount rate. Base-case COI estimates using a 3% discount rate were \$39 837 million in 2006. When estimated future earnings were discounted at 5% and 7%, total injury costs were reduced to \$27 264 million and \$20 734 million, respectively. For work-loss costs following hospital discharge, total cost estimates were \$47 577 million under the assumption of 11.1 work-loss days until return to work for each hospitalisation (table 4).

DISCUSSION

This study is the first reported attempt to estimate the national economic burden of injury by age category and gender in Korea. Many COI studies are found in Western countries, including Australia,²⁴ Canada²⁵ and the USA;^{3–4} however, little is known regarding Asian countries, including Korea.

In 2006, treatment episodes with new or existing injuries were more than 12 million. This is almost 29 per 100 in men and 24 per 100 in women. Our study also showed that the costs of injury in Korea were between \$20 billion and \$39 billion in 2006.

Table 2 Overall cost of injuries in South Korea

Type of cost	NHI + AID		AI		Total	
	Costs	%	Costs	%	Costs	%
Direct costs	3586	12.9	1116	9.2	4703	11.8
Direct healthcare costs	2591	9.3	450	3.7	3041	7.6
Direct non-healthcare costs	995	3.6	667	5.5	1662	4.2
Patient travel costs	343	1.2	42	0.3	385	1.4
Caregiver costs	652	2.4	625	5.2	1277	3.2
Indirect costs	24 161	87.1	10 973	90.8	35 134	88.2
Premature death	15 883	57.2	8484	70.2	24 367	61.2
Absence from work	1328	4.8	757	6.3	2085	5.2
Disability	6950	25.0	1733	14.3	8683	21.8
Total costs	27 747	100.0	12 090	100.0	39 837	100.0

Unit: millions of dollars (exchange rate, 1 US\$=948 Korean won in 2006).

AI, Automobile Insurance; AID, National Medical Care Aid; NHI, National Health Insurance.

Figure 1 Costs for patients with injuries: men and women, 2006.

As a yardstick, this represents 2.7% and 4.9% of Korea's GDP, respectively. Also, the total costs of cancer¹⁹ and stroke²⁶ in Korea are \$10 billion and \$6 billion, respectively, significantly less than those of injury. This confirms that the high prevalence of injuries in Korea has a considerable public health impact and imposes a substantial economic burden on society.

We estimated total annual injury-related healthcare costs to be \$3041 million, representing 5.4% of the total health expenditure in Korea in 2006, which is \$56 833 million (OECD Health Data, 2008). COI studies enable comparisons between the burdens of different diseases, aiding decision-makers in prioritising limited research funds. If such COI studies are performed at regular intervals, they can measure the impact of health policy decisions. Empirical COI studies have been published that evaluate the impact of other diseases in Korea. The healthcare costs of cancer,¹⁹ stroke,²⁶ and schizophrenia²⁷ are 3.2%, 2.2% and 1.6% of total health expenditure, respectively, which is significantly lower than our estimates for injury. These figures indicate that the impact of injury on total health expenditure is substantial in Korea. A more systematic application of the COI approach across a wider range of diseases would provide extra information on how best to allocate research expenditures. This, however, does not mean that research priorities should be based solely on the results of COI studies.

Previous studies on injury costs have reported that the costs associated with productivity losses outweigh direct healthcare

costs; productivity losses were 1.1 times higher than direct healthcare costs in Canada,²⁵ 2.2 times higher than in Australia²⁴ and 2.4–4.0 times higher than in the USA.^{3–4} According to our cost estimates, indirect costs were 7.5 times higher than direct costs. Premature death was the largest contributor to the total cost of injuries. Cross-national comparisons show premature death accounted for the largest proportion of total costs in most countries (20.6–31.3%).^{3–4} In this study, the cost of premature deaths due to injuries accounted for 61.2% of the total, which is higher than that reported in other countries.

The prevalence of medically treated injuries analysed in this study was almost evenly distributed between men and women. Men represent 50% of the Korean population, yet they account for 81.7% (\$32 566 million) of the total cost of injuries and 85.9% of the total years of potential life lost to injury. This cost disparity between men and women primarily results from the higher rate of fatal injuries in men and the subsequent higher productivity losses. In this study, the difference between direct and indirect costs was larger in men than in women; indirect costs were 11.1 times higher in men and 2.6 times in women. Additionally, because men, on average, receive higher wages than women, the value of lost productivity that results from a given injury is higher. Compared with a recent study in the USA, a larger difference between men and women in productivity loss was shown in this study.⁴ This effect may be even more pronounced in countries with a higher gender/wage gap. The

Figure 2 Distribution of overall costs for patients with injuries by age, 2006 (total=\$39 837million).

Table 3 Healthcare use and costs for each episode with injuries by gender and age groups in Korea, 2006

	NHI+AID				AI				Total		
	LOS*	NOV†	Costs per episode‡		LOS*	NOV†	Costs per episode‡		LOS*	NOV†	Costs per episode‡
Men	5 508 490	22 674 393	1404		5 709 707	1 898 739	3909		11 218 197	24 573 132	4600
0–9	182 933	2 667 731	1600		232 677	77 376	10 670		415 610	2 745 107	4708
10–19	477 836	4 111 386	1929		454 880	151 268	9228		932 716	4 262 654	4626
20–29	719 229	2 689 545	1753		1 136 375	377 897	4504		1 855 604	3 067 442	6977
30–39	928 590	3 396 583	1359		1 309 879	435 595	3475		2 238 469	3 832 178	5501
40–49	1 183 734	3 786 357	1149		1 293 052	429 999	3102		2 476 786	4 216 356	4598
50–59	846 842	2 715 257	885		778 149	258 770	2416		1 624 991	2 974 027	3106
60–69	627 008	2 033 161	786		359 369	119 507	1900		986 377	2 152 668	1424
70–79	391 588	1 037 583	858		122 386	40 699	2084		513 974	1 078 282	916
80+	150 730	236 790	1060		22 941	7629	2045		173 671	244 419	1095
Women	4 794 866	20 350 651	526		4 162 563	1 890 709	2346		8 957 429	22 241 360	1238
0–9	103 957	1 650 564	547		212 414	96 482	4545		316 371	1 747 046	1818
10–19	137 274	1 759 213	462		327 232	148 635	4268		464 506	1 907 848	1433
20–29	259 711	1 771 631	492		853 704	387 767	2814		1 113 415	2 159 398	2020
30–39	377 717	2 638 530	431		831 338	377 608	2002		1 209 055	3 016 138	1273
40–49	765 303	3 766 439	463		912 806	414 612	1892		1 678 109	4 181 051	1004
50–59	791 363	3 386 711	487		552 854	251 116	1779		1 344 217	3 637 827	798
60–69	788 500	2 867 491	501		298 196	135 446	1792		1 086 696	3 002 937	626
70–79	952 101	1 943 523	942		139 906	63 548	1978		1 092 007	2 007 071	970
80+	618 940	566 549	1254		34 114	15 495	1841		653 054	582 044	1264
Total	10 303 356	43 025 044	1000		9 872 270	3 789 448	3325		20 175 626	46 814 492	3075

*LOS=annual length of stay.

†NOV=annual number of outpatient visits.

‡Costs per episode: overall costs excluding those for premature death were divided by the total number of treatment episodes for injuries to determine costs per episode in that gender and age group; costs for premature death were calculated based on data for deaths in Korea, 2006.

Unit: days, dollars (exchange rate, 1 US\$=948 Korean won in 2006).

AI, Automobile Insurance; AID, National Medical Care Aid; NHI, National Health Insurance.

average income of female Korean workers was 66.5% that for male workers in 2005,²⁸ compared with 77% in the USA.²⁹ Thus, the injury burden differential between men and women is partially an artefact of wage inequality.

In this study, the cost estimation subdivided by injury type based on the type of insurance shows the impact of automobile-related injuries. Automobile-related injuries represented 8.4% of the total, yet they accounted for 30.3% (\$12 090 million) of the economic burden of injury. This level of cost of automobile-related injuries was similar to that found in a previous study in the USA,^{3–4} which reported that motor vehicle collisions were the most costly unintentional injury. In this study, men were 20% more likely to have an injury than women; however, men were 69% more likely to have an automobile-related injury than women. We found that the greatest economic losses attributable to automobile-related injuries were caused by the cost disparity between men and women.

Our estimates are subject to underestimation for several reasons. First, the costs included in this analysis focus exclusively on medical and productivity costs for medically treated injuries. Despite the difficulty in quantifying non-monetary outcomes, excluding these outcomes caused our total cost estimates to be substantially underestimated. In fact, a 1999

study of rising worker's compensation benefits in Korea reported the implicit value of an injury to be \$132 445.³⁰ The willingness-to-pay approach needs to be studied further, incorporating the value of pain, suffering and loss of quality of life (such as disability-adjusted life years lost) with injury.³¹ Second, losses in household productivity due to injury were excluded from the cost estimates of productivity losses. The failure of this study to include losses in household production and quality of life may have resulted in substantial underestimation of the burden of injury on elderly people and on women and may also have resulted in serious gender and age biases. Third, to compute the cost of lost productivity, excess absence was defined as time spent for hospitalisation or ambulatory care in treating injuries. However, it generally takes time to recover normal productivity after discharge or doctor's visits. Additional research will be needed to assess the cost incurred by working individuals with injuries who return to their jobs, but with diminished productivity due to lingering disability. Fourth, we included workplace injury deaths but omitted injuries reported by workers enrolled with Industrial Injury Compensation Insurance because these data are not accessible to the public. Therefore, estimates were probably skewed by the costing of occupational deaths and the omission of non-fatal occupational injuries. Finally, we omitted the costs of police, fire department, ambulance and helicopter transport services and of insurance administration.^{3–32} Another limitation is the difficulty related to interpreting the combination of prevalence-based medical costs and incidence-based and conservative work-loss costs.

Despite these limitations, the estimates reported here should be viewed as the best available estimates of injury prevalence and costs in Korea and can serve as a template for other countries carrying out a similar burden analysis; future studies with better data will improve upon the methodology and results. Our study highlights the economic burden and the public health problems

Table 4 Sensitivity analysis

Assumption	Cost (\$ millions)
Base case	39 837
Discount rate	
5%	27 264
7%	20 734
Work-loss days after hospitalisation	
11.1 days	47 577

Unit: millions of dollars (exchange rate, 1 US\$=948 Korean won in 2006).

What is already known on this subject

- Injury costs associated with productivity losses outweigh direct healthcare costs.
- Premature death accounts for 20.6–31.3% of total injury costs in developed countries.
- Male subjects have higher injury incidence rates, mortality per incident and cost per injury than female subjects.

What this study adds

- The injury burden in Korea exceeded \$39 billion, significantly more than the burden of cancer or stroke.
- Medical care costs per episode for auto-related injuries were 3.3 times the costs for other non-occupational injuries.
- Medical costs per auto injury episode were much higher for children than for adults.
- Men were 20% more likely to have an injury than women and 69% more likely to have an automobile-related injury than women.

caused by injuries in Korea and provides data to help prioritise future research efforts.

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Competing interests None.

Ethics approval This study was conducted with the approval of the institutional review board of Yonsei University Health System, Seoul, Korea.

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