SPORTS INJURY MANAGEMENT IN POST PRIMARY SCHOOLS

(Please indicate your responses by placing an X clearly in the boxes)

BACKGROUND INFORMATION
Q1 Time to get to nearest hospital Accident & Emergency department by car:
- 15mins [ ]
- 15-30mins [ ]
- 30-45mins [ ]
- 45-60mins [ ]
- 60+mins [ ]
Q2 Approximate numbers of pupils attending school: [ ] [ ] [ ] [ ] [ ] [ ]
Q3 Number of P E teachers *(full time equivalents):* [ ] [ ] [ ] [ ] [ ]
Q4 Number of P E teachers with first aid training:
   (first aid certificate completed/updated in last 3yrs)
   - <10% [ ]
   - 10-20% [ ]
   - 20-50% [ ]
   - 50-75% [ ]
   - >75% [ ]
Q5 Number of other teachers or coaches who help with games/sports:
   (time tabled and extracurricular)
   - <5 [ ]
   - 5-10 [ ]
   - 10-15 [ ]
   - 15-20 [ ]
   - >20 [ ]
Q6 Number of these other teachers or coaches with first aid training:
   (first aid certificate completed/updated in last 3yrs)
   - <10% [ ]
   - 10-20% [ ]
   - 20-30% [ ]
   - 30-40% [ ]
   - >50% [ ]

INJURY MANAGEMENT

(Please tick the most appropriate answer for each question)
Q10 When sporting activities are outside the school building
   (>few minutes walk from department first aid box), how often
   is a portable first aid kit brought by the person in charge?
   - always [ ]
   - often [ ]
   - sometimes [ ]
   - rarely [ ]
   - never [ ]
Q11 In the event of an emergency how often is a telephone
   (mobile phone/school phone/pay phone) accessible
   within 2 minutes?
   a) When activity is in school grounds:
      - always [ ]
      - often [ ]
      - sometimes [ ]
      - rarely [ ]
      - never [ ]
   b) When activity is outside school grounds:
Q12 In the event of an emergency how often can another member
   of staff be made available (if not present) to supervise
   children, while casualty is being taken care of?
   a) When activity is in school grounds:
      - always [ ]
      - often [ ]
      - sometimes [ ]
      - rarely [ ]
      - never [ ]
   b) When activity is outside school grounds:
Q13 How often is ice available for treatment of soft tissue injury?
   a) When activity is in school grounds:
      - always [ ]
      - often [ ]
      - sometimes [ ]
      - rarely [ ]
      - never [ ]
   b) When activity is outside school grounds:

(Please note this survey is completely anonymous. The purpose of the bar codes is to enable the computer to recognise both the survey & page numbers for scanning. The questionnaires are automatically scanned in using special computer software.)
PLEASE READ THE FOLLOWING SCENARIOS AND INDICATE THE ONE RESPONSE WHICH YOU CONSIDER THE MOST APPROPRIATE AS THE IMMEDIATE RESPONSE (please tick only one box in each case)

Q14 A child collides with an opponent at a football match and is knocked out for a few seconds. He/She comes round and wants to resume play.
   a) I would allow the child to play
   b) I would send the child to the changing room to rest
   c) I would get the child to rest by the pitch side, where someone would observe him/her
   d) I would get the child to rest for a few minutes before allowing him/her to return to play

Q15 A child is hit on the hand with a hurling/hockey stick. He/she complains of pain but wishes to continue playing. On inspection there is swelling.
   a) I would let the child return to play
   b) I would apply ice (when available) and take the child out of play for the rest of the match
   c) I would strap the hand and let the child return to play
   d) I would allow the child to return to play until I could see that he/she was in difficulty

Q16 In the above scenarios (questions 14 & 15) I would recommend that parents/guardians take the child to hospital for assessment:

   Q14
   a) Yes b) Sometimes c) Never

   Q15
   a) Yes b) Sometimes c) Never

Q17 A child collapses after a race.
   a) I would put the child in the recovery position and call an ambulance
   b) I would try to rouse the child with smelling salts
   c) I would check if the child was breathing, if not I would commence basic life support and send someone to call an ambulance.
   d) I would keep the child warm with a blanket/clothing and call an ambulance

Q18 A rugby scrum collapses or a child falls 10 feet off the climbing wall. He/She says they can't move.
   a) I would straighten the child out to ease discomfort and call an ambulance
   b) I would sit the child up to assess him/her more easily
   c) I would place the child in the recovery position and call an ambulance
   d) I would immediately immobilise the neck by holding the child's head and instruct him/her not to move until help arrived (paramedics with spinal board)

Q19 Would you or a member of your staff be interested in attending a workshop on first aid with particular reference to the sporting environment?
   Yes □ □ No □ □

Please make any additional comments or suggestions overleaf....