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Structural housing elements associated with home injuries in children

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ABSTRACT

Objective To quantify unintentional injuries associated with housing elements among children less than 18 years old treated in US hospital emergency departments.

Methods The National Electronic Injury Surveillance System (NEISS) coding manual was reviewed, and all product codes that identified products permanently affixed to a home (housing elements) were identified. A query of the 2008 NEISS data for children under 18 determined the numbers of cases by severity code for each identified housing element. Housing elements were then tabulated by the number of cases for each severity code. The top 10 cases by severity code, (1) hospitalised or (2) treated in emergency departments, were included in a case review. Ten per cent of all cases or a minimum of 100 cases were randomly selected for review for each of the identified housing elements to assess if the case description could inform prevention efforts.

Results Twelve housing elements (bathtub, cabinet, carpet, ceiling/wall, counter, door, fence, floor, nail, porch, stairs and window) were identified as the leading causes of injuries resulting in hospitalisations or emergency department visits. A list of potential interventions was generated based on the review of the case histories. Suggested changes for NEISS coding are also offered to enhance future prevention research.

Conclusions NEISS is a valuable tool to identify home injury risks and inform design decisions for housing elements. Improved understanding of housing elements associated with injuries has the potential to enhance home inspection forms. However, interpretation of NEISS results is limited by lack of clarity about how the housing element was involved in the injury event.

INTRODUCTION

Home injuries are common, accounting for one-third of all unintentional injuries in the USA. In addition, the home is the second most common place for fatal injuries.¹ Children, in particular, experience injuries in their home environments at high rates.^{1–2} According to the report, *The State of Home Safety in America*, almost 2100 children younger than 15 years of age die every year from injuries in and around the home; for every death, there are almost 1600 non-fatal home injuries.² Home injuries to children is a global health issue. In the UK, approximately 40 000 emergency hospital admissions among children under 5 years of age are reported annually.³ In 2005, WHO and Unicef issued a call for a greater global effort to prevent child injury, culminating in the *World report on child injury prevention*, which sought to

bring awareness about the global problem of child injuries and to provide recommendations that all countries can follow to reduce child injuries effectively.⁴

While it is well accepted that how an individual interacts with his environment can be causally related to his injury risk and that safety products such as stair gates can mitigate risk, there is little quantitative evidence as to the specific built environment features of the home itself that can contribute to injuries in children. To date, injury prevention home inspection tools have focused more on the presence of countermeasures such as smoke alarms, stair gates and carbon monoxide alarms rather than on housing elements and their association with injuries.⁵ Previous work has evaluated the effectiveness of efforts to reduce home injuries primarily from injury countermeasures such as smoke alarms and antiscald devices. The interventions focused on modifying environmental home hazards, such as fitting locks on cupboards, installing stair gates, improving lighting and removing tripping hazards, have shown insufficient evidence that they significantly reduce home injury.⁶ Kendrick *et al*⁷ found successes in home safety interventions focusing on safe hot water temperature, working smoke alarms, fire escape plans, fitted stair gates, socket covers and poison and medicine storage. Sharfstein and colleagues found housing characteristics, including heating adequacy, presence of rodents and holes in walls, to be independent predictors of child health status, but this outcome did not include a measure of injury.⁸ A few other studies, including our own earlier work, have demonstrated that living in poor quality housing conditions in poor neighbourhoods is associated with increased risk of home injury for children, and can also be significant barriers to using home safety products.^{9–12} Modifying the home environment could have a significant impact on home injury outcomes. Researchers in New Zealand found that home injuries were potentially related to a structural aspect of the home environment.¹³ To wit, Keall *et al*¹⁴ successfully targeted fall injuries through a successful home modification programme (eg, handrails, repairs to steps, non-slip modifications, lighting, etc), resulting in a significant decrease in falls.

The purpose of this paper is to add to this small body of literature data on specific built environment features of homes that are associated with children's injury using the National Electronic Injury Surveillance System (NEISS). NEISS is a publicly available database overseen by the US Consumer Product Safety Commission (CPSC).



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NEISS has been used to explore injuries from a wide variety of products, including those from recreational activities including mountain biking,¹⁵ unicycles¹⁶ and water tubing¹⁷; occupational injuries from ladders¹⁸ and nail guns,¹⁹ and home injuries including hot tubs²⁰ and bunk beds.²¹ Although focused on consumer product-related injuries, NEISS also captures information about injuries more broadly, and thus, can help identify hazardous conditions in the home.²² We first present frequencies of the leading types of structural housing elements associated with child injury, followed by a summary of the narrative description of these injuries. We conclude with recommendations that could be implemented either during home construction or as a part of home inspections to prevent the identified injuries. Finally, we make suggestions about enhancements to NEISS, which would make it more useful for practitioners.

METHODS

The NEISS-All Injury Program (NEISS-AIP) uses data from a nationally representative sample of 62 hospitals in the USA. NEISS consists of a probability sample of hospital emergency departments (EDs) in the USA and its territories that is used to produce national estimates of the number of consumer product-related injuries treated in hospital EDs.²³ (For additional details on the design and implementation of NEISS, see <http://www.cpsc.gov/neiss/2001d011-6b6.pdf>.) We used NEISS 2008–2012 data for quantitative analysis. To define eligible injuries, we first reviewed the NEISS coding manual (<http://www.cpsc.gov/neiss/completemanual.pdf>) to determine codes that were related to the home environment. Consistent with the purpose of our analysis, we defined eligible injuries as those associated with ‘structural housing elements that were attached to the home’. Examples of attached items included floors, windows, cabinets, bathtubs, etc. Examples of excluded unattached items are curtains and televisions. In all, 26 codes reflecting attached structural housing elements were selected for analysis. We queried the NEISS-AIP database for 2008, and identified the top 10 structural housing elements associated with emergency room visits and the top 10 structural housing elements associated with hospitalisations for children aged 1 month to 18 years. We then selected the 12 structural housing elements, which represented the combined top 10 lists for both emergency room visits and hospitalisations. We then queried the

2008 NEISS-AIP for each of the identified structural housing elements for children aged 1 month to 18 years; the query generated a sample for the 62 NEISS hospitals as well as a national estimate. The sample file included race, age, gender, injury disposition and a case narrative for each record. A random sample of narratives (approximately 10% of total number of injuries or at a minimum $n=100$ if 10% was less than $n=100$) were selected for review. The study team conducted a review of these narratives to identify potential preventive measures in light of currently available countermeasures and with attention to the time and cost of the proposed modification. We distinguished primary prevention solutions (eg, antislip coating in tubs and floors, locking devices on windows) that need to be incorporated during construction of new homes from secondary solutions (ie, grab bars, removal of protruding nails) that could be addressed during home inspections. Examination and discussion of the case narratives was used to identify preventive measures. The Institutional Review Board of the Johns Hopkins Bloomberg School of Public Health approved this study.

RESULTS

Housing-related injuries identified

The twelve housing elements associated with the highest number of ED visits or hospitalisations from the NEISS dataset are shown in [table 1](#). The NEISS sample and national estimates of ED visits for each of these structural housing elements are also displayed in [table 1](#). The NEISS estimate of ED visits associated with the identified housing elements ranged from a high of 206 668 (67.96 per 100 000 annually) for floors, to a low of 19 282 (6.34 per 100 000 annually) for injuries associated with counters. The analysis identified well-documented injury risks, such as stairs, with an estimated 150 015 (49.33 per 100 000 annually) ED visits and bathtubs with 49 789 (16.37 per 100 000 annually) estimated ED visits. Our analysis also identified less obvious injury risks such as the estimated 77 195 (25.39 per 100 000 annually) ED visits associated with ceilings and 31 243 (10.27 per 100 000 annually) injuries associated with protruding nails.

Demographics

As displayed in [table 2](#), males account for the majority of injuries for all housing elements; the percentage was highest for fences where males accounted for 67% of injuries compared

Table 1 Housing-related injuries identified from NEISS-AIP 2008

Housing element	ED visits, NEISS sample	ED visits, national estimate	ED visits, national estimate rate (per 100 000)
1. Floor	6886	206 668	67.96
2. Stair	4983	150 015	49.33
3. Door	3033	92 228	30.33
4. Ceiling	2424	77 195	25.39
5. Bathtub	1595	49 789	16.37
6. Cabinet	1149	36 988	12.16
7. Window	916	27 670	9.10
8. Nail	892	31 243	10.27
9. Carpet	812	19 600	6.45
10. Porch	746	24 644	8.10
11. Fence	687	21 715	7.14
12. Counter	670	19 282	6.34

ED, emergency department; NEISS-AIP, National Electronic Injury Surveillance System-All Injury Program.

Table 2 Demographics and disposition of injuries caused by the 12 housing elements

Housing element	Mean age (N=months)	Sex=male N (%)	Race=white N (%)	Disposition=treated and released N (%)
Bathtub	72.7	858 (53.79)	675 (42.32)	1523 (95.49)
Cabinet	62.2	704 (61.27)	515 (44.82)	1114 (96.95)
Carpet	47.1	452 (55.67)	299 (26.82)	772 (95.07)
Ceiling	93.5	1530 (62.12)	1001 (41.30)	2389 (98.56)
Counter	57.0	393 (58.66)	308 (45.97)	637 (95.07)
Door	74.9	1655 (54.57)	1147 (37.82)	2997 (98.15)
Fence	108.7	460 (67.45)	272 (39.88)	644 (94.43)
Floor	50.2	3682 (53.47)	2551 (37.05)	6480 (96.10)
Nail	102.3	564 (63.23)	373 (41.82)	864 (96.86)
Porch	85.3	429 (57.51)	334 (44.77)	690 (92.49)
Stair	85.2	2535 (50.87)	1992 (39.98)	4793 (96.19)
Window	105.5	582 (63.54)	350 (38.21)	816 (89.08)

with only 51% of injuries on stairs. The vast majority of injuries resulted in children being treated and released—more than 90% for every element except injuries associated with windows, which was 89%. The lowest mean age for children was 47.1 months for injuries associated with carpets, while the highest mean ages were associated with fences (108.7), windows (105.5) and nails (102.3).

Case narratives and potential solutions

Case narratives providing more details about injury events were reviewed and organised by each of the 12 housing elements. Examples of narratives that were typical and provided the range of experiences were selected for display in online supplementary table S1. Many injuries resulted from slips, trips and falls, particularly those associated with stairs, carpets and bathtubs. Nail injuries generally resulted in lacerations and puncture wounds. Door injuries resulted from doors being closed on fingers to doors falling on children. The scenarios include varying amounts of information, and there is no consistent structure to the level of detail provided. In some cases, there is an interaction of the child with the housing element after some risky behaviour (eg, child running or jumping); in other cases, the housing element seemed to malfunction in the absence of any specific risky behaviour by the child (eg, shower door fell); and finally, in some cases, the housing element seemed to have been used appropriately, and the child was injured in the absence of any specific risky behaviour (eg, slipped in tub).

After reviewing each narrative, the authors identified a number of potential countermeasures to prevent injuries associated with each housing element. For example, bathtub narratives describe many examples of slips and falls generating a countermeasure recommendation of installing tubs with slip-resistant surfaces. The door case narratives revealed serious injuries to fingers, including amputation, which could be minimised by installing doorstops as a countermeasure.

DISCUSSION

The NEISS database is a tremendous national resource, which has demonstrated real-world utility since its inception. The examination and presentation of NEISS data have led to product recalls (eg, lawn darts, high-powered magnet sets),^{24 25} creation of voluntary standards (eg, window blind cords)²⁶ and even awareness of injury sources, leading to the development of new, safer equipment (eg, tractor rollover protective structures).²⁷ It has had a significant impact in recreational, household and occupational products, which affect people daily. Injury surveillance systems are employed in other countries, though none have been as extensively used for reporting in the peer-reviewed literature as the NEISS. A review of The Canadian Hospitals Injury Reporting and Prevention Program data has shown great variance of sensitivity and systematic errors in data capture.²⁸ The National Injury Surveillance Unit of Australia has an acknowledged shortcoming in that it lacks a source of national quantitative data suitable for monitoring consumer product safety.²⁹ The Home and Leisure Accident Surveillance System of the UK was discontinued in 2003.³⁰ This manuscript reports on our usage of the NEISS database to explore the burden of unintentional injuries associated with housing elements among children less than 18 years old treated in US hospital EDs.

Demographically, our results are in line with other national samples with males experiencing more injuries than females.³¹ The great majority of injured patients for each of the housing elements explored were treated and released from the ED,

which is also consistent with the reporting on injuries broadly.³¹ The NEISS data system provided an opportunity to identify housing elements associated with home injuries and to suggest countermeasures that could be used to prevent them either at the time of home construction or during home inspections (eg, for resale, mortgages or as part of home visiting programmes). Previous research using the NEISS data system has reported products with substantially lower yearly estimates than structural housing elements. For example, Thompson *et al*³² reported on an estimated 64 657 (3232 per year) inflatable bounce house injuries over a 20-year period ending in 2010. D'Souza *et al*²¹ reported on an estimated 572 580 (35 786 injuries annually) bunk bed injuries over a 16-year period ending in 2005. Injuries associated with ladders were also reported by D'Souza with an estimated 2 177 888 injuries in the USA over a 16-year period ending in 2005.³³ D'Souza's ladder work reported an average yearly estimate of 136 118, ranking it below the highest two housing elements we identified in our analysis: floors at 206 668 and stairs at 150 015.

When case narratives provided sufficient detail about the circumstances surrounding the injury, we could offer recommendations for prevention such as the use of antislip surfaces in the bathroom or the removal of protruding nails. In other cases, sufficient detail was not offered in the narrative to truly understand housing element's contribution to the injury. Our original intent was to code each injury as being associated with the condition or the housing element. For example, if an injury associated with a door was due to a defect in the door as opposed to a child running into the door but this was not possible because of the lack of necessary detail in the case narratives. It would be extremely helpful if all individuals from hospital administrators to intake clerks to clinical staff as well as NEISS coders were trained to note as specifically as possible the circumstances surrounding an injury event and to extract as much detail as possible so that the precipitating events and causation could be better elucidated and understood from the NEISS narratives.³⁴ It would also be helpful if the NEISS narrative field allowed for more text to be entered; currently, only 141 characters are permitted for the narrative details, which is supposed to include a description of what the victim was doing when the injury occurred, the product involved, location and verbatim quotes. The character limit may not allow enough space to detail the condition of the products. We observed several instances of the narrative text being truncated mid-description, and think that, at least in some cases, time allows for coders to record a description longer than 141 characters. It may be prudent to pilot these suggestions with a small sample to estimate the time and cost burden as well as to gauge the benefit of the added information. It may also be possible to consider these changes to the data system when the system is next upgraded. Additionally, it would also be useful to validate the conclusions we draw about the role of the housing element itself by follow-back interviews with parents or the child when old enough. Our suggested enhancements to NEISS are not novel. As early as 1997, the Government Accountability Office produced a report entitled 'Consumer Product Safety Commission: Better data needed to help identify and analyze potential hazards', which called attention to NEISS's inability to generate estimates for anything smaller than a national sample, limiting its utility for state and regional estimates and making interstate comparisons impossible. The same report also noted that NEISS lacked the detail necessary to assess causality, that is, whether the product in question caused the injury or merely was involved with the injury. It, additionally, noted that NEISS did not contain E

codes, which briefly described the circumstances of the injury, and suggested that such detail would be helpful in understanding the injuries reported by NEISS.³⁵ More recent work has explored the utility of using NEISS narrative texts to identify exposure information in case-control studies.³⁶ Graves *et al*³⁶ found the narrative useful, but noted that the utility was limited to the information, which was asked and recorded throughout the clinical encounter.

Using NEISS data to inform the relationship between housing elements and injury risks presents several limitations. The NEISS database does not capture visits of patients who seek treatment at non-ED locations such as their primary care provider or an urgent care centre; therefore, treatment at urgent and primary care centres is excluded from the national estimates. Information regarding follow-up care is not available in NEISS, preventing analysis beyond the initial ED visit. Details offered in the case narratives were frequently insufficient in understanding the relationship between the injury event and the precipitating events and housing element condition. Additionally, case narratives of child injuries do not routinely include information about whether an adult witnessed the injury event or if an adult was supervising the child at the time of the event. This lack of detail prevents a full understanding of the cause of injury, and therefore, limits our ability to fully understand which preventive measures could reduce injuries. The addition of standardised fields to collect detail about condition of product, precipitating events and adult supervision could greatly enhance the utility of the NEISS dataset. Again, a pilot trial of a system of standardised fields would be necessary to estimate the time and cost burden. Many of the narrative texts we examined included some elements of the standardised fields we are suggesting indicating that in some cases the detail is available. However, the information was not recorded systematically or routinely, making the analysis and synthesis less feasible.

Our recommendations are complimentary to those put forward in the 2008 World report on child injury prevention, which calls specifically for enhanced quality and quantity of data for child injury prevention. While NEISS is already responsive to several recommendations made by the World report on child injury prevention, further enhancements to the system will improve on these activities. With more details on causes of injury, NEISS could be used to help implement specific actions to prevent and control child injuries. Further, greater detail on the cause of injury and causation through the narratives will enhance the quality and quantity of data for child injury prevention.⁴

Studying NEISS revealed that structural housing elements vary in their propensity to injure. Structural housing elements are very common source of injury. NEISS narratives are a valuable tool to identify potential countermeasures—both primary and secondary—for injury prevention. This analysis can be used as a foundation for evidence-based programmes to inspect housing structures to make them safer. Individuals conducting home inspections or building new homes could benefit from the prevention measures, which were identified in this analysis. Additionally, we hope that the injury community, broadly, and the CPSC, specifically, consider modifications to NEISS, particularly the narratives, to allow for the capture of greater details that could be used to establish a more comprehensive understanding of the involvement of a product in causing or contributing to an injury as well as the precipitating and contributing factors surrounding injury events. Such detail would allow for the development of more robust injury prevention initiatives.

What is already known on the subject?

Home injuries are common, accounting for one-third of unintentional injuries in the USA. Little information is available describing the involvement of specific housing elements as risk factors for home injuries to children and adolescents.

What this study adds?

Twelve housing elements were identified as being most commonly associated with emergency department visits among children and adolescents in the USA. Potential countermeasures were identified that individuals can use in designing new homes or inspecting existing homes.

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Data sharing statement The data from this analysis are publicly available from the Consumer Product Safety Commission's National Electronic Injury Surveillance System.

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Compensation paid by UK council

In the past 2 years Oxfordshire County Council paid over £700 000 in compensation to people who suffered injuries due to pot-holes, road or footpath defects, icy pavements or uneven paving. One person made a claim of £65 734 after a brain injury due to uneven paving. The Taxpayers' Alliance found the county council spent £142 282 on pot-hole compensation claims since 2013.

Table S1: Potential Counter measures as indicated by case reviews

Housing Element	NEISS Case Narratives	Prevention measures
Bathtub	“Fell in tub hitting head DX: closed head injury” (age 7 yr.)	Install a slip-resistant mat into bathtub or shower floor
	<ul style="list-style-type: none"> • “Patient was pregnant and slipped while getting out of the shower onto wet floor strained lower back” (age 17 yr.) 	Install slip-resistant flooring in bathrooms, especially around baths/showers
	<ul style="list-style-type: none"> • “Patient getting out of the bath tub and slipped and fell striking chin laceration face” (age 3 yr.) 	Install a slip-resistant mat just outside bathtub or shower; install grab bars to improve stability; install water-resistant padding on top areas of bathtubs to create a “forgiving” surfacing
	<ul style="list-style-type: none"> • “Burned by water in tub, bath water too hot.” (age 8 yr.) 	Install anti-scald devices such as Thermostatic Mixing Valves (TMV)to limit water temperature
	<ul style="list-style-type: none"> • “Patient was in the tub with brother, shower door fell on both boys, had numerous cuts, has RT lower leg wound. DX-RT lower leg laceration” (age 3 yr.) 	Check for shower doors that may be loose and repair
	<ul style="list-style-type: none"> • “Patient was trying to sit down in the shower, the soap dish broke and cut her.” (age 7 yr.) 	Install shower systems with integrated and inverted soap dishes such that nothing protrudes into the shower space
Cabinet	<ul style="list-style-type: none"> • “Laceration to elbow fell onto corner of bookshelf at home” (age 2 yr.) 	Install corner guards and cushions on all hard surfaces in the home Place corner guards on cabinet corners
	<ul style="list-style-type: none"> • “Patient ran into china cabinet glass broke and cut leg” (age 11 yr.) 	Install stickers on glass doors to make them more visible to residents

	<ul style="list-style-type: none"> • “Slammed hand in cupboard door. DX. Finger skin avulsion, hand contusion” (age 15 months) 	Install door stops that prevent hands/feet from getting pinched, crushed or lacerated
	<ul style="list-style-type: none"> • “Patient sustained an injury to her face when a kitchen cabinet came loose and fell on patients Left side of body.” (age 7 yr.) 	Inspect installed cabinets to ensure stability
Carpet	<ul style="list-style-type: none"> • “Fell half flight of stairs, carpeted stairs with plastic on it, cried immediately, DX closed head injury” (age 21 months) 	Inspect all carpets and rugs for tripping hazards
	<ul style="list-style-type: none"> • Patient sustained fracture to lower leg after tripping over a carpet” (age 15 months) 	Inspect all carpets and rugs for tripping hazards (eliminate throw rugs or install non-skid tape underneath to maintain stability)
Ceiling/Wall	<ul style="list-style-type: none"> • “Lacerated eye, sconce fell from wall” (age 5 yr.) 	Inspect all lighting and other fixtures and stable and secure (properly installed) Ensure that all ceiling pieces fixtures are stable
	<ul style="list-style-type: none"> • “Fell on corner of wall when running; DX lacerated scalp” (age 3 yr.) 	Install corner cushions on walls
Counter	<ul style="list-style-type: none"> • “A countertop fell on finger hematoma subgunal left third finger” (age 9 months) 	Inspect for loose countertops
	<ul style="list-style-type: none"> • “Hit forehead on corner of counter, laceration” (age 2 yr.) 	Inspect that all counter tops are properly installed and secure, require edges or corners that are rounded (bullnose)
Door	<ul style="list-style-type: none"> • “Patient’s mother was closing a door when patients finger got caught in door resulting in an open distal phalangeal fracture” (age 4 yr.) 	Install door stops to prevent hands/feet from getting pinched, crushed or lacerated
	<ul style="list-style-type: none"> • “Heavy bi-fold closet door fell on patient who was on floor at home, mom heard noise and found patient under fallen door, loc; subdural hematoma” (age 3 yr.) 	Inspect all doors to ensure proper installation and structural integrity; replace old/broken doors to prevent from falling
	<ul style="list-style-type: none"> • Patient at grandmother’s house and cut head on screen door.” (age 7 months) 	Inspect all doors to ensure proper installation and structural integrity; install door stops to prevent hands/feet from getting pinched, crushed or lacerated

Fence	<ul style="list-style-type: none"> “Gate fell on him, DX fractured upper leg” (age 3 yr.) 	Inspect gates and fencing for structural integrity
Floor	<ul style="list-style-type: none"> “DX FB R FT: Splinter in L FT, states she got it sliding in her sock feet in foyer” (age 7 yr.) 	Inspect condition of wood floors to holes, loose or missing boards, and overall condition
	<ul style="list-style-type: none"> “Laceration: child running at aunt’s house, fell onto cousin, then onto the hardwood floor” (age 3 yr.) 	Apply non-slip surface to floors to reduce slips and falls
	<ul style="list-style-type: none"> “Patient sustained a laceration to RT lower leg on a piece of broken floor tiling laceration leg” (age 11 yr.) 	Inspect condition of wood floors to holes, loose or missing boards, and overall condition
Nail	<ul style="list-style-type: none"> “Laceration to hand and tooth injury when this teen tripped over a nail – admitted for repairs” (age 16 yr.) “Patients mom states child was jumping on bed and hit foot on a nail in the wall DX: puncture wound left foot” (age 3 yr.) “Patient cut hand on a nail sticking out of a cabinet at home” (age 16 months) 	Inspect for any protruding nails/screws, particularly on floors, walls and cabinets and replace or address any that are protruding
	<ul style="list-style-type: none"> “Stepped on a board with nails sticking out of it thru shoe into foot” (age 5 yr.) 	Inspect home for unsafe items/conditions Remove any loose boards/pieces of wood/building supplies
Porch	<ul style="list-style-type: none"> “Patient got splinter in his RT foot yesterday walking on deck. Removed. Today wound painful, red, draining pus, IV abx needed.” (age 7 yr.) 	Inspect outside decking for proper installation, structural integrity and overall condition
	<ul style="list-style-type: none"> “Fell through railing on porch. DX supracondylar fracture humerus” (age 6 yr.) 	Inspect all railings to ensure proper installation, structural integrity and overall condition Ensure that all components of the porch are in good condition
	<ul style="list-style-type: none"> “Fell porch – Fracture elbow” (age 5 yr.) 	Install banisters/fences around porch, particularly if it’s high
	<ul style="list-style-type: none"> “Patient with fracture to left ankle after missing step off porch” (age 18 yr.) 	Install railing for porch steps
	<ul style="list-style-type: none"> “Running, slipped on wet porch and fell, L elbow pain DX: elbow contusion” (age 10 yr.) 	Add coating to reduce slips and falls

Stairs	<ul style="list-style-type: none"> “Being carried by mom who was walking up stairs & tripped over a toy & fell hitting patient’s head against wooden step, no loc (age 1 month) 	Clear the stairs to prevent slipping on objects such as books, toys, clothes
	<ul style="list-style-type: none"> “Patient slipped and fell on ice covered sidewalk, pt hit head on a concrete step.” (age 13 yr.) 	Educate residents about need to clear sidewalks and stairs of ice and snow to prevent falls
	<ul style="list-style-type: none"> “Patient fell down 10 stairs. DX: R frontotemporal SDH” (age 2 yr.) 	Install baby-gates at top and bottom of stairs Educate residents about how to use and when to stop using
	<ul style="list-style-type: none"> “Patient fell 10 ft off side of stairs onto ground.” (age 2 yr.) 	Inspect all external stairs to ensure proper railings and banisters are in place and in good condition
	<ul style="list-style-type: none"> “NS: Fell down 4 carpeted steps, impacted carpeted floor, c/o occipital head injury, denies l.o.c.” (age 5 yr.) 	Check for any loose boards
Window	<ul style="list-style-type: none"> “Cut to arm on broken window glass DX: Arm laceration” (age 16 yr.) Pushing on window which broke/lacerations to both forearms” (age 7 yr.) 	Inspect all windows to ensure proper installation and in good condition
	<ul style="list-style-type: none"> “Contusion to hand window fell on hand at home” (age 2 yr.) 	Inspect all windows to ensure proper installation and in good condition; Install window stops to limit abrupt window closures Place window guards or stoppers to prevent window from falling on hand or head
	<ul style="list-style-type: none"> “Patient fell 5 stories from window.” (age 2 yr.) “Patient pushed out window screen and fell from 2nd floor window onto concrete. DX: R sdh x2, R occ skull FX, closed head injury” (age 1 yr.) “Patient pushed a TV stand up to a window and fell 4 stories out to the ground. In care of babysitter at time. In & out conscious.” (age 2 yr.) 	Install window guards on all windows above ground to prevent falls
	<ul style="list-style-type: none"> “Left wrist laceration from putting arm through glass window.” (age 16 yr.) 	Use shatter-proof glass in windows