years with a mean of 34 year. The majority were female comprising 67.2%. Nurses comprised 42.2% of the total. 63.6% had suffered back pain in that year of which 90.5% was located in the lower back. Conclusion: Low Back Pain is a common affliction among employees at this hospital.

THE PREVALENCE OF LOW BACK PAIN AMONG EMPLOYEES OF A PAEDIATRIC HOSPITAL IN NAIROBI

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Objective To determine the prevalence of Low Back Pain among employees at a paediatric hospital in Nairobi in the year 2005.

Design Descriptive Cross sectional study.
Setting A medium sized paediatric hospital in Nairobi
Results Questionnaires were sent to 347 employees of the hospital. The response rate was 19.3%. The age range was 25–57